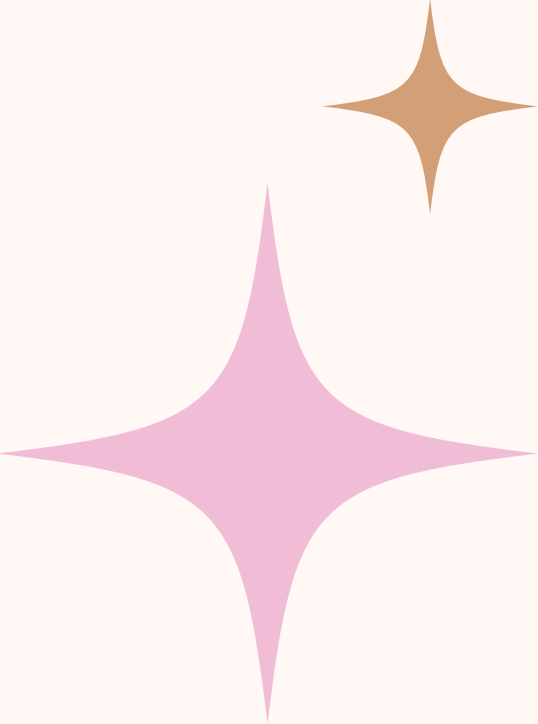
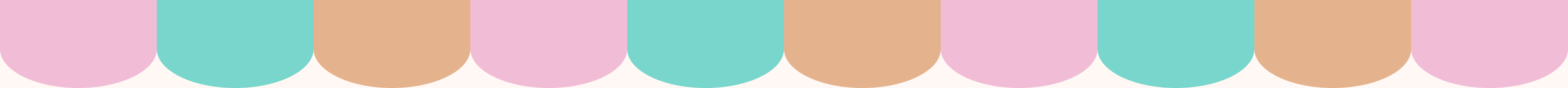
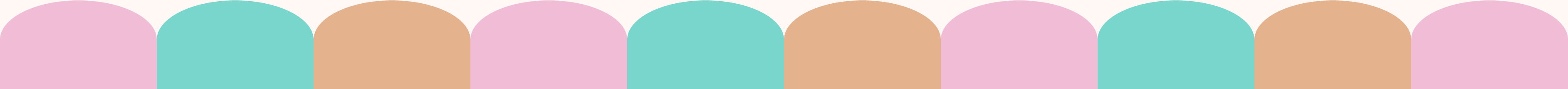


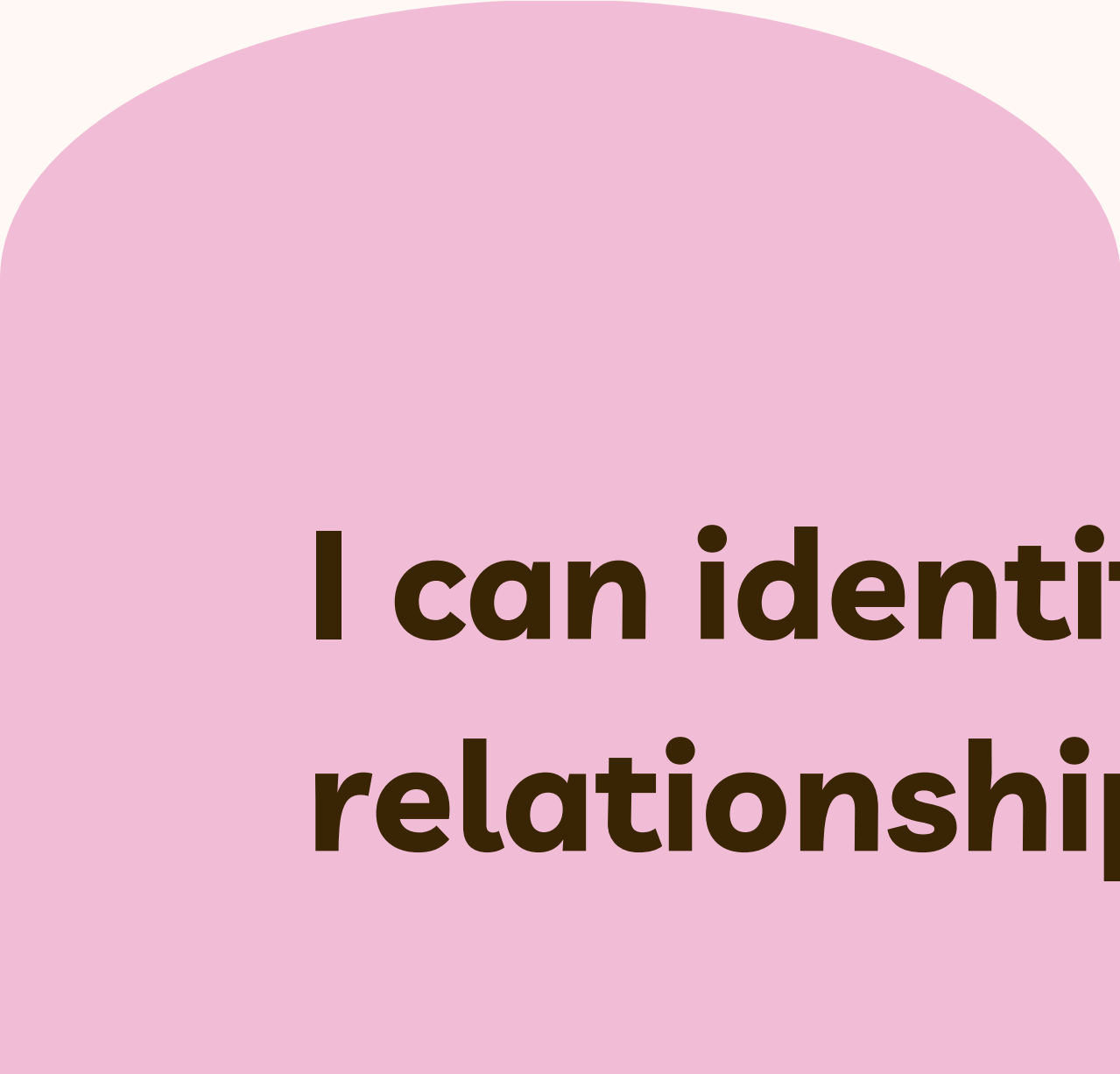
BUILDING

TRUST





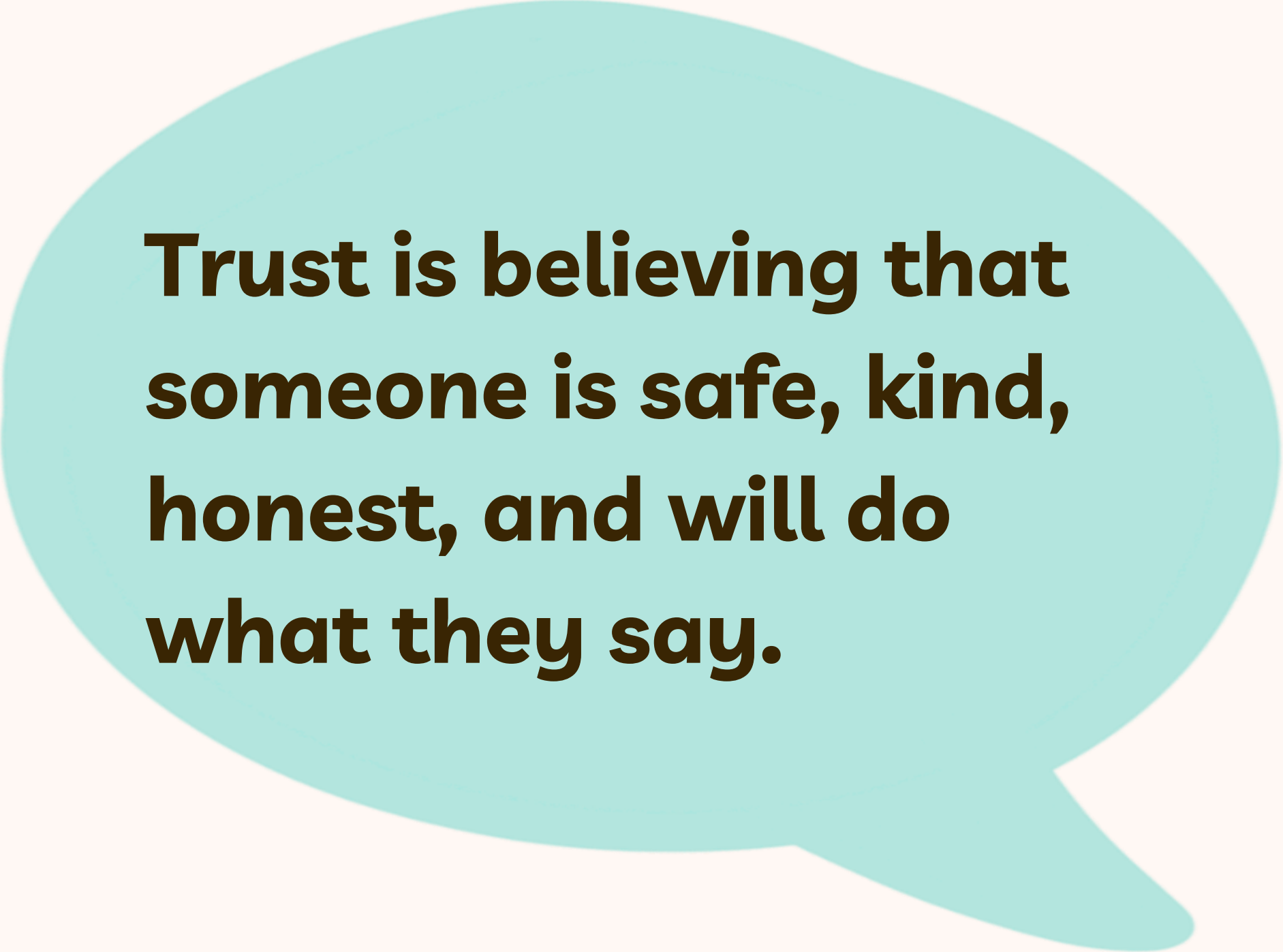
Learning Objectives



**I can identify what builds a trusting
relationship.**



**What is
trust?**



**Trust is believing that
someone is safe, kind,
honest, and will do
what they say.**

**Trusting people can feel
scary at first!**



**We can be brave when it
comes to building
trusting relationships!**



Boundaries

Reliability

Accountability

Vault

Integrity

Non-judgement

Generosity



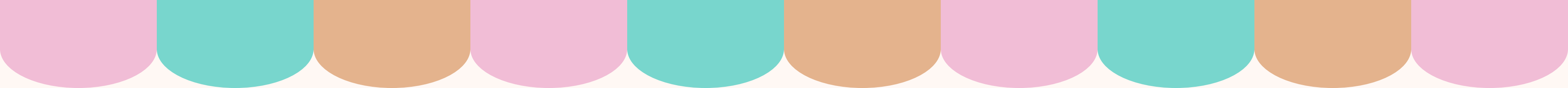
TRUST

**BRAVING trust acronym created
by the incredible Brene Brown!**

Maddy's TOWERS



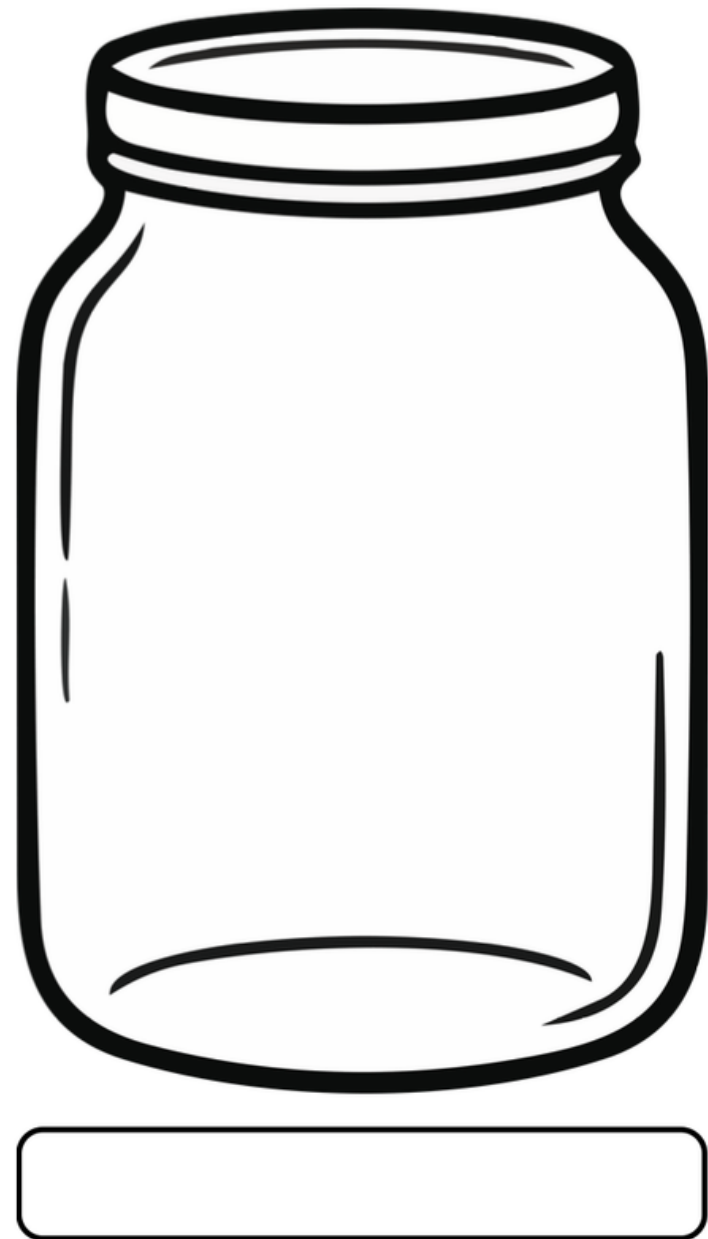
Written by **Inbal Alon**
Illustrated by **Mandira Biswas**



Activity

Options

What builds your trust?



Trust Jar Activity

Write or draw what builds your trust
in your jar!



Trust Towers Activity

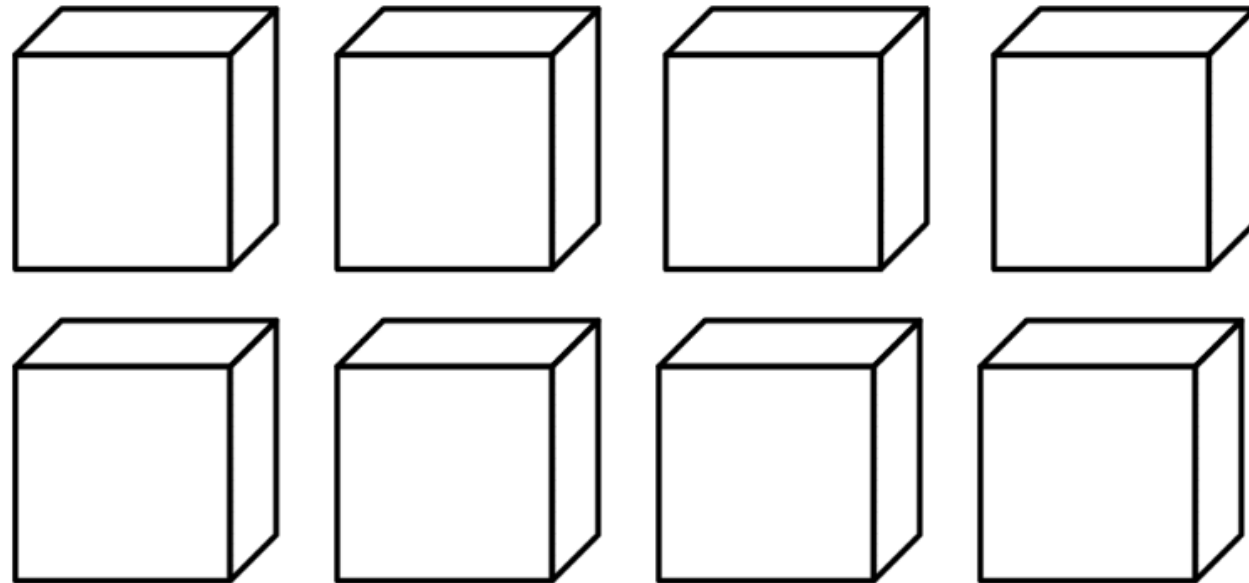


Trust Tower Directions:

1 Write or draw an action, word, or feeling that builds your trust on each block.

2 Cut out the blocks.

3 Glue the blocks into towers on your final paper.



My Trust Towers

name _____

A yellow star and a blue dashed swirl are in the top left corner. Another yellow star and a blue dashed swirl are in the bottom right corner.